

# FARAH IQBAL

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## CAREER OBJECTIVES

- To seek research projects in Human Psychology and Social Development Issues.
- Interest in Counseling & Guidance Assignment.

## ACADEMEICS

- **Thesis** for the Degree awarding-In Process will be submit in **December-2011**
- **Masters in Psychology** - 'A' Grade 1<sup>st</sup> Division. Karachi University.
- **Masters in Education** - (Educational Administration) 'A' Grade 1<sup>st</sup> Division. Karachi University.
- **Bachelor in Education** – (English & Pak. Studies) 2 Position 1<sup>st</sup> Division. Govt. College of Education Karachi.
- **Bachelor in Arts** - (Economics, Psychology, Political Science) 1<sup>st</sup> Division. St. Joseph's College for Women, Karachi.

## PROFESSIONAL EXPERIENCE

<b>Astt. Prof. ZABIST</b>	2010- Till Date
<b>Astt. Prof.</b> Psychology Department, University of Karachi	Since - 2005
<b>Member Board of Directors</b> – Azad Foundation	Since - 2008
<b>Program Director</b> – Azad Foundation	2002 - 2008
<b>Adjunct Member</b> – Commerce Department, University of Karachi.	Since - 2005
Adjunct Faculty- Dept. Public admission-KU 2009	
<b>Lecturer</b> - Psychology Department,	1998 – 2005
<b>Director</b> – Azad Research Consultancy	Since - 2003
<b>Member Board of Governor</b> - Azad Foundation	2000-2005
<b>Head of Research Department</b> – Azad Foundation	2000-2005
<b>Adjunct Member</b> – CIBE, Iqra University	Since 2002
<b>Faculty &amp; director of studies</b> – Logistic & Management School affiliated with IBA(Management Program), PNS-Karsaz.	1996 - 2001
<b>Co-Teacher</b> - Institute of Business Administration	1997
<b>Asst. Prof.</b> - Textile University of Pak, Karachi.	1997
<b>Professor</b> - Institute of Professional Excellence, Karachi.	1996

## AWARDS & ACCOMPLISHMENTS

<b>Member Hospital /child Protection Committee – DMUH</b>	Since 2005.
<b>General Secretary of KONPAL - Child Abuse Prevention Society.</b>	Since 2004
<b>Seminar Coordinator - Educational Research Karachi University</b>	2005
<b>Member Managing Committee. International Youth Jam</b>	2005
<b>Asst. Coordinator – British Dialogue-Student Exchange Program by British Council represent University of Karachi</b>	2004
<b>Asst. Coordinator – Students Conventions University of Karachi</b>	2004
<b>Conference Coordinator - The Role of Psychology in Industry, organizations and marketing, University of Karachi</b>	2004
<b>Member Purchase committee (University of Karachi)</b>	Since 2003
<b>Vice President Sindh Chapter Pak Psychological Association.</b>	Since 2002
<b>Student’s Advisor Central Committee (University of Karachi)</b>	2002
<b>Member Staff Club Committee (University of Karachi)</b>	2001
<b>Best Instructor Award – (Pakistan Navy)</b>	1998
<b>Director of Studies (L&amp;M School, PNS Karsaz,)</b>	1997-98
<b>Supervisor - News Letter (Dept. Of Psy, KU)</b>	Since 1998
<b>Guidance Counselor (IBA, Karachi)</b>	1997
<b>Conference Coordinator-The role of Human Resources in Organizational Development, Institute of Professional Excellence</b>	1996.
<b>Guest Speaker</b> in different institutes as PAF Air-War College, Navy, DOW University of Health Sciences, KIETS,KITE, Bizteck, SZABIST, IBA, University of Karachi, CIBES etc.)	
<b>Assistant Editor (Magazine, College of Education)</b>	1990

## Conferences/Seminars/Workshops

- Seminar- Workshop Hope & positive thinking- Pakistan Navy Engineering College (*PNEC*) 2011
- Speaker – Master trainer-Workshop (Organizational change & conflict Management\_ PNS Rahnuma (Workshop conducted with Commander level 2011.
- Seminar- Workshop Stress Management-PNEC 2011

- Moderator – Stress Management, Air War College(Wing commander & Group captain - 2011
- Speaker – Seminar on Acceptance of She-male(Transgender CDD - 2010
- Facilitator – Workshop on Trans Gender Issues - 2010
- Speaker – Launching of Help Line, Ombudsman - 2010
- Speaker and Moderator – International Conference on Social & Psychological Rehabilitation of Street Children - 2009
- Speaker and Facilitator – Stress Management, Time Management, Hope, Positive Thinking, Conflict Management .etc. ....till date
- Speaker - Child abuse – Institute of Clinical Psychology – July 2007
- Facilitator – Workshop on Child Protection & Early Case Management for Health Care Providers – Abbasi Shaheed Hospital Karachi - May 2007
- Speaker – Schizophrenia –Symposia Dow Medical University Hospital – June 2006.
- Speaker on Bi-polar disorder (PIMA), May 2006
- Speaker on Street Children in Conference on Children in difficult circumstances –SPARC April 2006.
- National Conference on Women’s Studies in Public Sector University in Pakistan, March 2006.
- Panelist/Moderator Student convention University of Karachi, 2004
- Participant of Workshop & Conference on Women’s studies curriculum at post graduate in Public Sector Universities in Pakistan. March 2006.
- Speaker - Conflict Management – February 2006 L & M PNS Karsaz
- Team leader – All Pakistan Declamation Contest, Risalpur Academy Dec 2005
- Speaker - Disaster Management of Children and Adolescent – An Overview, 2<sup>nd</sup> Annual Symposium Dow University of Health Science Dec – 2005.
- Speaker - Stress Management – November 2005 L & M PNS Karsaz.
- Speaker – Counseling Skills-Workshop, Psychiatry Department, DMUHS, October 2005.
- Facilitator – Workshop on Child Protection and Early Case Management For Health Care Providers – Layari General Hospital September 2005
- PCCWD – Planning meeting to discuss the issue of Camel Jockey Children, 2005 August.
- Speaker - Stress and its Management –workshop – PNS Bahadur, August 2005

- PCCWD – Meeting on the Presentation and discussion on the Law Revision 2005
- SPARC – National Consultation on Violence Against Children, March 2005
- UNESCO – Consultation Planning meeting for out of School Children (Manila – Philippines) 2004.
- European Commission’s Consultation Planning meeting on risky behavior and practices (Lahore) July 2004.
- Canadian High Commission / CIDA (Five Day) Workshop on second-generation Surveillance HIV/ AIDS RISKY PRACTICES (Islamabad) June 2004.
- Facilitator - Workshop for Scout camp by Anti-Narcotic Front (Karachi) 2004.
- Teachers Training Workshops on Drug Addiction by ANF (Karachi) 2004.
- International Workshop on Juvenile Justice organized by consortium of Street children at London (2003)
- National Workshop on building a National knowledge base on child Labour in Pakistan organized by Ministry of Labour & ILO-IPEC (2003)
- Representation from Pakistan (Azad Foundation) on Juvenile Justice System (JJS) by Consortium for Street Children. England - 2003
- Speaker at Eleventh International Pakistan Psychological conference (2002)
- Speaker at Conference on educational system organized by BIZTTECK (2002)
- Strategic Interviewing & Counseling Skills – IBS, Karachi. June 2000
- LHRL Conference 2001 & 2002
- HAMDARD Conference 2000
- Quality Management – IBA, Karachi. July 1999.

## **RESEARCH PROJECTS / PAPERS / ARTICLES**

- UNICEF and Social Welfare Department Children Involved in Camel Racing (CICR)- 2010
- Situational Analysis of Living and Working Street Girl Child-Azad foundation and EU grp development-2009
- Coordinator (Karachi) Base line Study of Child labor in Carpet Industry (ILO-IPEC-MACRO), 2008 till date.
- Psycho Social Manual for Street Children, 2008.
- KAB’s of Street Children–Girl Child, 2007.
- Research Coordinator of Study - Street Children in Pakistan: A group at risk for HIV/AIDS, 2006.

- Awareness about HIV/AIDs amongst Males/Females, Married/Unmarried in two age brackets - in process of publication.
- Social Anxiety, Social Confidence and embarrassment: A corelational study. Dec 2005, Pakistan Journal of Psychology.
- rΣe: a shorter formula June 2005, Pakistan Journal of Psychology.
- UNICEF- Research Consultant on Literature review child abuse, Juvenile Justice and street children 2005
- UNICEF- Mapping study coordinator on street children – December 2004
- A further study of Reliability and validity of Social Anxiety Scale and Social Confidence Scale, Pakistan Journal of Psychology - Dec 2004
- Study Coordinator for HIV / AIDS risky practice among street children in Pakistan (Paper read in international conference on HIV / AIDS – Bangkok) 2004
- UNODCCP Project Coordinator study on solvent abuse among street children 2004.
- Research Consultant PAVAHNA Global Funding Project on KABPS for street children 2004.
- Team Member ILO project on Rapid Assessment on Deep Sea Fishing and Sea Food Processing in costal area of Baluchistan (Pakistan) - 2004
- Suicidal probability & self-esteem amongst molested females. In Process of Publication.
- Personality assessment of Firaq Gorukhpuri. – Book Irtaqa- 2004
- Moral Judgment: Consequential Vs Non-consequential Reasoning Journal of Social Science and Humanities. 2004
- Development of social Anxiety Scale and Social Confidence Scale: A Preliminary Report. Pakistan Journal of Psychology Dec 2003
- Job satisfaction – A comparison of foreign and national Bank executives, 2003 Journal of Social Sciences and Humanities.
- Global Handbook for Juvenile Justice (co-Partner from Pakistan in preparation of handbook 2003

## **CO-CURRICULAR ACTIVITIES & HOBBIES**

- Class & Library Incharge
- Sports (Indoor & Outdoor Games)
- Participated in dramas & recitals in School, College & University Programs

## **REFERNCES**

Furnished on request