



Department of Psychology
University of Karachi



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**INTERNATIONAL CONFERENCE ON RE-DEFINING
MENTAL HEALTH AND WELL-BEING**

ICRMHW- 2018

APRIL 5, 2018

Call for Papers

The Department of Psychology is pleased to announce the holding of first International Conference entitled as Re-defining Mental Health and Well-Being RMHW 2018. Every year the WHO reports an increased risk of health issues and concerns related to development of various disorders. In addition to physical health, emotional wellbeing is increasingly becoming a focus of government policies and strategies. It grew out of a desire to fill the gap in the quest and exchange views on common challenges confronting Mental health and wellbeing. The aim is to actively learn from one another, and develop problem-solving resources. The conference will bring together researchers and practitioners from around the world to explore the issues of health and well-being. Department of Psychology through this International Conference would bring together researchers from multiple disciplines, along with community health practitioners and policy makers, to consider the promotion of positive mental and physical health outcomes. This conference will be structured to lead to the production of a publication that will serve both as an important record of and statement on Mental Health and Well-being in Pakistan. The conference will have multiple presentation formats designed to maximize opportunities for interaction, and will include a full social academic program. It is expected that presentations will cover work on the role of mental health and well-being in addressing issues such as social disadvantage, social exclusion, stigma, stress, depression, eating behavior, addiction, trauma, mob behavior, health communication, clinical assessment and intervention. We are hopeful that by virtue of this conference the issues of security, terrorism, militancy, religious extremism, well-being, political crisis, institutional decay, social development, security related issues, rule of law, challenges of foreign policy and the role of civil society, which are some of the key issues in Pakistan, would also be addressed. Pakistan has a vibrant community of scholars representing various disciplines. By holding this conference an effort is made to come forth with solutions that could facilitate Pakistan to move in the right direction.

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Among many other questions, participants at the conference will be invited to examine the following sub-themes:

Specific topics under these themes may include:

- Social dislocation, trauma, and its impact on wellbeing
- Conflict Resolution.
- Place attachment and community well-being
- Self and Identity
- Social justice and wellbeing
- Political participation
- Culture, Heritage and Wellbeing
- Peacemaking and Psychological health
- Health and wellbeing
- Parenting Challenges in raising Adolescents
- Social Identity
- Cultural Diversity.
- Social Development and wellbeing
- Enhancing wellbeing in organization
- Emerging Psychosocial Issues in Educational Institute
- Disaster risk management
- Gender discrimination and its impact.
- Impact of media and emotional instability
- Terrorism
- Prejudice and Discriminations
- Human Rights Violation and its Psychosocial impact
- Security issues
- Mental health and well-being
- Resilience
- Disability across the lifespan
- Suicidal Risk management
- Any other related to the Conference Title

This conference is an effort to achieve the following objectives:

- Participate in exploratory and academic debates and leave the conference with new perspectives and expanded methodologies
- Connect and enrich engagement with colleagues and peers
- Build and enhance opportunities for partnerships across research, policy and community
- Craft a strong statement to inform action and influence national and international Indigenous health and wellbeing agendas
- Leave the conference inspired and energized by the affirmation of our identity, knowledge and strength to drive individual and collective work that benefits Indigenous peoples.

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TYPES OF SUBMISSIONS

Oral Presentations

This submission type can include:

- Accomplished empirical or theoretical research with corresponding results or reports;
- or New developments in the given themes, employing qualitative or quantitative methods of either primary or secondary data.

Proposals for Oral papers must include:

- Title (max. 15 words);
- Abstract main text (max. 400 words);
- Keywords (max. 5)

Posters

This submission type is an alternative format for freestanding research presenters. Poster sessions facilitate informal discussion and can be a more personal form for exchange of information.

A poster/demonstration must:

- Contain implemented information work about a subject;
- Be informative but also engaged visually and easy to understand.

Initially, this submission type must include an abstract. Keep in mind that if your abstract gets selected, you will be asked for a final complete paper (limited to 3 pages long), besides the poster/demonstration itself.

Proposals for Posters must include:

- Title (max. 15 words);
- Abstract main text (max. 250 words);
- Keywords (max. 5)

Submission of Proposals

What to submit

The following information is requested for all **ABSTRACT** submissions (Please find enclosed abstract submission form).

- 1) Title of presentation.
- 2) Author/Authors' institutional affiliation.
- 3) Current e-mail and full mailing address and contact number(s)
- 4) Name of the presenting author
- 5) Abstract of 250 words, Times New Roman Style, 12 font size/Single line space
- 6) Language, English
- 7) Biographical details between 50 to 70 words
- 8) Conference theme
- 9) Types of submission

How to submit?

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You can submit your abstracts through an e-mail to icrmhw@gmail.com

Hard copies can be sent to

ICRMHW 2018

Chairperson, Department of Psychology, Faculty of Social Sciences, University of Karachi,
Karachi 75270

Instructions for the authors

The complete paper will be **submitted till March 10, 2018**

* Maximum length: 3500 words

* Font size: 12, single line space

* Format: Times New Roman Style

* The paper should address as explicitly as possible the following:

- 1) Purpose of the study
- 2) Theoretical and/or practical grounding of the study
- 3) Methods used in the study, if applicable.
- 4) Interpretation and significance of the study

WHO SHOULD ATTEND?

Groups or individuals, particularly those with a concern for marginalized issues with respect to their fields will be interested in this conference.

ICRMHW 2018 seeks to promote cross-disciplinary working between colleagues in the Social Sciences, Humanities, Biological Sciences, Management sciences and Religious Studies.

Important Dates:

Submissions of Abstract: Feb 15, 2018

Notification of Acceptance: Feb 25, 2018

Submission of Final Paper: March 25, 2018

Registration Deadline: March 30, 2018

CONFERENCE VENUE

Auditorium

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